

A teal banner with the year '2018' in large black font. A small 'CC' logo is visible in the bottom right corner of the banner.

2018

**EAT, DRINK...  
AND BE HEALTHY!**

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Increase your success rate  
with HR's **Resolution** menu of lighter fare.

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**SOUP**

GARDEN VEGETABLE SOUP

Fresh Garden Vegetables, Vegetable Broth,  
Fresh Herbs

6

**LUNCH ENTRÉES**

GRILLED SHRIMP SALAD

Gulf Shrimp, Baby Arugula,  
Oranges, Cashews, Cucumber, Radish,  
Ginger-Miso Dressing

15

GRILLED CHICKEN PASTA

Whole Grain Penne, Artichoke Hearts,  
Baby Spinach and Sundried Tomatoes  
in a Light White Wine-Basil Aglio e Olio

15

GRILLED GULF OF MAINE SALMON

Salmon, Brown Rice, Winter Squash,  
Cucumber Dill

16

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**ask your server**

ABOUT HAVING THE CHEF *SIMPLY PREPARE*  
YOUR FAVORITE MEAT OR SEAFOOD ALONGSIDE  
WILD JASMINE RICE, SEASONAL VEGETABLES  
AND OUR HEALTHFUL SAUCE  
OF EVOO, LEMON, TOMATOES & HERBS.

A purple banner with the year '2018' in large black font. A small 'CC' logo is visible in the bottom right corner of the banner.

2018

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**SOUP**

GARDEN VEGETABLE SOUP

Fresh Garden Vegetables, Vegetable Broth,  
Fresh Herbs

7

**DINNER ENTRÉES**

GRILLED SHRIMP SALAD

Gulf Shrimp, Baby Arugula,  
Oranges, Cashews, Cucumber, Radish,  
Ginger-Miso Dressing

18

GRILLED CHICKEN PASTA

Whole Grain Penne, Artichoke Hearts,  
Baby Spinach and Sundried Tomatoes  
in a Light White Wine-Basil Aglio e Olio

21

GRILLED GULF OF MAINE SALMON

Salmon, Brown Rice, Winter Squash,  
Cucumber Dill

26

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**ask your server**

ABOUT HAVING THE CHEF *SIMPLY PREPARE*  
YOUR FAVORITE MEAT OR SEAFOOD ALONGSIDE  
WILD RICE PILAF, SEASONAL VEGETABLES  
AND OUR HEALTHFUL SAUCE  
OF EVOO, LEMON, TOMATOES & HERBS.