



2018

**EAT, DRINK...
AND BE HEALTHY!**

Increase your success rate
with HR's **Resolution** menu of lighter fare.

SOUP

ROASTED RED PEPPER BISQUE
Parmesan Crisp, Chives, Lemon EVOO
7

LUNCH ENTRÉES

SEARED SCALLOP SALAD
Atlantic Sea Scallops
Baby Arugula & Crisp Romaine,
Avocado, Cashews, Cucumber, Radish,
Roasted Lemon Vinaigrette
17

GRILLED CHICKEN PAILLARD
Marinated & Grilled All-Natural Chicken Breast
Steamed Basmati Rice w/
Sun Dried Tomatoes & Fresh Basil
Grilled Asparagus, Lemon Infused EVOO
14

PAN SEARED RUBY RED TROUT
Poached Fingerling Potatoes,
Sautéed Baby Kale and Spinach,
Tomato-Herb Relish
17

ask your server

ABOUT HAVING THE CHEF *SIMPLY PREPARE*
YOUR FAVORITE MEAT OR SEAFOOD ALONGSIDE
STEAMED RICE, SEASONAL VEGETABLES
AND OUR HEALTHFUL SAUCE
TOMATO HERB RELISH.



2018

**EAT, DRINK...
AND BE HEALTHY!**

Increase your success rate
with HR's **Resolution** menu of lighter fare.

SOUP

ROASTED RED PEPPER BISQUE
Parmesan Crisp, Chives, Lemon EVOO
7

DINNER ENTRÉES

SEARED SCALLOP SALAD
Atlantic Sea Scallops
Baby Arugula & Crisp Romaine,
Avocado, Cashews, Cucumber, Radish,
Roasted Lemon Vinaigrette
17

GRILLED CHICKEN PAILLARD
Marinated & Grilled All-Natural Chicken Breasts
Steamed Basmati Rice w/
Sun Dried Tomatoes & Fresh Basil
Grilled Asparagus, Lemon Infused EVOO
18.5

PAN SEARED RUBY RED TROUT
Poached Fingerling Potatoes,
Sautéed Baby Kale and Spinach,
Tomato-Herb Relish
21.5

ask your server

ABOUT HAVING THE CHEF *SIMPLY PREPARE*
YOUR FAVORITE MEAT OR SEAFOOD ALONGSIDE
STEAMED RICE, SEASONAL VEGETABLES
AND OUR HEALTHFUL SAUCE
TOMATO HERB RELISH.